

Therapeutic Training:		
Year:	Title:	Provider
2016	From Isolation to Empowerment: Groupwork with Refugees & Asylum Seekers	Institute of Group Analysis
2017	The Addicted Brain – Addiction and strategies for overcoming addiction	Emory College, Coursera
2018	Certificate in using EMDR in Therapy and Coaching	EMDR Centre, London
2018	Existential Well-being Counselling: A Person-Centred Approach	Ku Leuven, EdX
2018	Level 2 Certificate in Counselling Skills CPCAB	City and Islington College
2019	Counselling Studies – CPCAB Level 3 Certificate	City and Islington College
Ongoing: 2019-21	CPCAB Level 4 Diploma in Therapeutic Counselling	City and Islington College

Trauma Informed Therapeutic Training

March 2016 **Working with Trauma and Vicarious Trauma** - Christiane Sanderson – Full day

November 2016 - **Best practice – Working with Separated Children** – Sarah Temple Smith – Half day

November 2016 - **Solution Focussed Therapy** – Jheni Barker – Half day

March 2017 **Working With Trauma** - Jamie Hacker Hughes – Half day

April 2018 **‘Being with’ rather than ‘doing to’: How to Manage Power, Control, Boundary and Attachment Dynamics when Working with Survivors of Complex Trauma** - Christiane Sanderson – Full day

June 2018 - **A systemic approach to trauma** – Taiwo Afuape – Half day

October 2018 – **Using Tree of Life and Narrative Therapy in Trauma Recovery** - Sarah Temple Smith – Half day

March 2019 - **Single and Multiple Trauma during first stage of Trauma Recovery** - Dzmitry Karpuk – Two Days

March 2019 – **Therapeutic Writing** – Charmaine Pollard, Mary Ward Centre – One day.

May 2019 - **Participatory action research with asylum seekers and refugees living in the UK: Addressing mental health priorities among parents, children and youth** – Sarah Hunt – Half day

June 2019 – **Trauma Sensitive Mindfulness** – Mindfulness Practitioners – Half day

October 2019 - **Working Therapeutically with LGBTQI+ Asylum Seekers and Refugees** – Nina Dearden – Half Day

November 2019 – **Working with Dreams and Nightmares in Trauma Recovery** - Dzmitry Karpuk – Two Days